

AM & PM Snack

February 2026

WGR–Whole Grain Rich

WW–Whole Wheat

MGR – Multi Grain



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	2 (WW) Ritz Crackers & Cheese Apple Slices Banana Water	3 Graham Crackers Apple Slices Club Crackers Water	4 (WGR) Mini Bagels With Cream Cheese Banana Club Crackers Water	5 (WGR) Goldfish Crackers Oranges GoGurt Water	6 (WGR) Cheez-it Crackers Peach Slices Ritz Crackers Water	7 Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup
8 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	9 (WW) Wheat Crackers Apple Slices Banana Water	10 (WGR) Wheat Thins & Cheese Banana Watermelon Water	11 (WGR) Mini Bagels With Cream Cheese Banana Graham Crackers Water	12 (WGR) Bran Muffin Apple Sauce Ritz Crackers Water	13 (WGR) Wheat Crackers String Cheese Club Crackers Water	14 Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup
15 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	16 Presidents' Day School Closed	17 Graham Crackers Apple Slices Watermelon Water	18 (WGR) Cereal Mix Apple Sauce Ritz Crackers Water	19 (WGR) Goldfish Crackers Banana Club Crackers Water	20 (WGR) Cheez-it Crackers Peach Slices GoGurt Water	21 Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup
22 Size Servings Ages 1-2 4 Fluid Ounces Whole Milk Protein -1 Ounce/4 Ounces Vegetables ½ Cup, 2 tbsp Fruit ¼ Cup, 2 tbsp Grains - ½ Slice/Serving ¼ Cup	23 (WW) Wheat Crackers Banana Goldfish Crackers Water	24 (WGR) Wheat Thins & Cheese Banana Ritz Crackers Water	25 (WGR) Mini Bagels With Cream Cheese Banana GoGurt Water	26 (WGR) Bran Muffin Apple Sauce Watermelon Water	27 (WGR) Wheat Crackers String Cheese Oranges Slices Water	28 Size Servings Ages 3-5 4 Fluid Ounces 1% milk Protein ½ Ounce 2 Ounces ½ Cup, ¼ Cup, 1 Tbsp Vegetables/Fruit ½ Cup Grains ½ Slice/Serving ¼ Cup, ½ Cup, ¾ Cup, ⅛ Cup
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